

TERMS AND CONDITIONS

Welcome to Lion and Lamb Fitness. Lion and Lamb Fitness requires that you accept these Terms and Conditions in order to participate in this online fitness program through the services offered by Lion and Lamb Fitness (“**Program(s)**”).

The following Terms and Conditions apply to your use of our website and the information and content available on our website, the services offered by Lion and Lamb Fitness, as well as your use of any interactive features on this website and user-submitted content.

Please make sure to also view Lion and Lamb Fitness’s Website Privacy Policy, which is considered a part of these Terms and Conditions.

Section 1. GENERAL TERMS AND CONDITIONS

These “**Terms and Conditions**” form a binding agreement between you and Lion and Lamb Fitness, whether or not you register and become a client (each, a “**Client**”) or simply browse the website as a “**Visitor**.” Clients and Visitors may be referred to collectively as “**Users**.” By visiting, registering for, posting content on, submitting information or materials to, accessing, reviewing and/or otherwise using our website, its information and content, and various interactive features (e.g., live chat, bulletin boards, forums, etc.) you accept, without limitation or qualification, the following Terms and Conditions, which constitute an Agreement between you and Lion and Lamb Fitness. We may change these terms from time to time. Please read and review these Terms and Conditions carefully before using this website.

By accessing and using this website, you agree to be bound by these Terms and Conditions and all other terms and policies that appear on this website. Please read these Terms and Conditions carefully. If you do not agree with any of these Terms and Conditions, you may not use this website and should not enter any information in it.

We reserve the right to modify these Terms and Conditions at any time, effective upon posting. Your continued use of this website following such changes will be deemed to be an acceptance of and acknowledgement to be bound by any changes.

Section 2. PROGRAMS, PAYMENT, TERM, AND RENEWAL

Lion and Lamb Fitness offers a variety of Programs and membership options through its Website. Programs may include, but are not limited to, videos, training guides, online fitness coaching, meal and nutrition plans, online fitness classes, and individual or group training packages. The services and associated rates for enrolling in such services and packages offered through Lion and Lamb Fitness are posted on our website. These membership options and their associated rates are subject to change from time to time, as deemed appropriate by Lion and Lamb Fitness.

When you register for a Program, you will provide certain personal information including but not limited to your name, email address, postal address, and, your payment details. Any personal information you provide to us with will be handled in accordance with our Website Privacy

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Policy. All payment transactions conducted through Lion and Lamb Fitness are handled by a dedicated third party to ensure your information is secure.

In the event that you need to cancel a session, you must provide notice in accordance with Lion and Lamb Fitness's Cancellation Policy.

Your registration in any Program can be terminated at any time by either you or Lion and Lamb Fitness. Your membership will automatically renew unless terminated.

Section 3. ELECTRONIC COMMUNICATION

By submitting information through the website, you consent to receive e-mail or telephonic communications. Lion and Lamb Fitness may communicate with you by e-mail or telephone. You agree that all agreements, notices, disclosures and other communications that are provided to you electronically satisfy any legal requirement that such communications be in writing and/or sent by mail or other means.

You acknowledge and agree that your expectation of privacy is limited by the nature of being a Lion and Lamb Fitness Client, and despite this limited expectation of privacy, you agree to participate as a Client.

Section 4. LINKS TO OTHER WEBSITES

This website may contain links to third-party websites. These links are provided solely as a convenience to you and not as an endorsement or recommendation by Lion and Lamb Fitness of the content on such third-party websites or as an indication of any affiliation, sponsorship or endorsement of or by such third-party websites. If you use any links, you will leave the Lion and Lamb Fitness website. Lion and Lamb Fitness is not responsible for the content of linked third-party websites and does not make any representations regarding the privacy practices of, or any information or product or accuracy of materials found on such third-party websites. If you decide to access any of the third-party websites linked to this website, you do so entirely at your own risk.

Section 5. NO GUARANTEES

Lion and Lamb Fitness does not guarantee that any particular result will occur as part of your participation in the Programs, including but not limited to, weight gain or loss, strength gain or loss, change in physique, or change in other health conditions. Physical fitness and health is dependent on a large number of factors, many of which are outside the control of Lion and Lamb Fitness.

Section 6. MEDICAL DISCLAIMER

The Programs offered by Lion and Lamb Fitness are not designed to, and should not be interpreted by you as, providing any medical advice. If you experience any medical issues or have any medical concerns, you should immediately consult with a physician or other licensed medical provider.

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Section 7. NO WARRANTY

YOU EXPRESSLY AGREE THAT USE OF THE WEBSITE AND/OR SERVICES IS AT YOUR SOLE RISK. BOTH THE WEBSITE AND SERVICES ARE PROVIDED ON AN “AS IS” AND “AS AVAILABLE” BASIS. LION AND LAMB FITNESS EXPRESSLY DISCLAIMS ALL WARRANTIES OF ANY KIND, WHETHER EXPRESS OR IMPLIED, INCLUDING, BUT NOT LIMITED TO ANY WARRANTIES OF MERCHANTABILITY, FITNESS FOR A PARTICULAR USE OR PURPOSE, NON-INFRINGEMENT, TITLE, OPERABILITY, CONDITION, QUIET ENJOYMENT, VALUE, ACCURACY OF DATA AND SYSTEM INTEGRATION.

Section 8. LIMIT OF LIABILITY

YOU UNDERSTAND THAT TO THE EXTENT PERMITTED UNDER APPLICABLE LAW, IN NO EVENT WILL LION AND LAMB FITNESS OR ITS MEMBERS, OFFICERS, EMPLOYEES, AFFILIATES, AGENTS OR LICENSORS BE LIABLE FOR ANY INDIRECT, INCIDENTAL, SPECIAL, CONSEQUENTIAL OR EXEMPLARY DAMAGES, INCLUDING BUT NOT LIMITED TO, DAMAGES FOR LOSS OF REVENUES, PROFITS, GOODWILL, USE, DATA OR OTHER INTANGIBLE LOSSES ARISING OUT OF OR RELATED TO YOUR USE OF THE WEBSITE OR THE SERVICES, REGARDLESS OF WHETHER SUCH DAMAGES ARE BASED ON CONTRACT, TORT (INCLUDING NEGLIGENCE AND STRICT LIABILITY), WARRANTY, STATUTE OR OTHERWISE. To the extent that we may not, as a matter of applicable law, disclaim any implied warranty or limit its liabilities, the scope and duration of such warranty and the extent of our liability will be the minimum permitted under such applicable law.

Section 9. INCORPORATION OF LIABILITY WAIVER AND RELEASE

Lion and Lamb Fitness’s Limitation of Liability and Release is hereby incorporated by reference and is a condition to registering as a Client.

Section 10. TERMINATION

Client may terminate enrollment as a Client upon written or electronic notice to Lion and Lamb Fitness by contacting Lion and Lamb Fitness by the means shown below.

Section 11. INDEMNIFICATION

You agree to indemnify, defend and hold harmless Lion and Lamb Fitness, and its members, officers, employees, affiliates, agents, and licensors from and against all liabilities, losses, expenses, damages and actual costs (including actual attorney fees), resulting from any violation by you of these Terms and Conditions or from any use of the website.

Section 12. PROHIBITED USES

You may use the website only for lawful purposes and in accordance with these Terms and Conditions. You agree not to use the website in any way that violates any applicable federal, state, local, or international law or regulation (including, without limitation, any laws regarding the export of data or software to and from the US or other countries).

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Section 13. JURISDICTION

These Terms and Conditions will be construed and enforced in accordance with the laws of the State of New York. You knowingly submit to personal jurisdiction in the State of New York and any cause of action arising out of there must be brought exclusively in Monroe County, New York.

Section 14. WAIVER AND SEVERABILITY

No waiver by Lion and Lamb Fitness of any term or condition set out in these Terms and Conditions shall be deemed a further or continuing waiver of such term or condition or a waiver of any other term or condition, and any failure of Lion and Lamb Fitness to assert a right or provision under these Terms and Conditions shall not constitute a waiver of such right or provision.

If any provision of these Terms and Conditions is held by a court or other tribunal of competent jurisdiction to be invalid, illegal, or unenforceable for any reason, such provision shall be eliminated or limited to the minimum extent such that the remaining provisions of the Terms and Conditions will continue in full force and effect.

Section 15. CONTACTING LION AND LAMB FITNESS

If you have any questions about the Terms and Conditions or any other matter, please contact us as shown below.

Address	Telephone	E-Mail
Lion and Lamb Fitness	585-729-4400	Revelationfitness91@gmail.com

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